

# Family, friends, neighbors –

## anyone on your 'team' can get the flu!



Madi A.,  
15 years old

**The flu is serious.** It disrupts lives causing you to miss out on daily activities or special events. For Madi, the flu just didn't keep her from doing the things she loves — like hanging out with friends or playing soccer and basketball — it put her in the hospital for 93 days!

Madi and her family received their flu vaccine each year — except the year that Madi actually got the flu! Everyone 6 months of age and older should get vaccinated every year. It is the safest and most effective way to protect yourself and those around you.



**It's Not 'JUST' the Flu - It's a Serious Disease!**

Get your flu vaccine today to  
***Stay in the Game™!***

[www.familiesfightingflu.org](http://www.familiesfightingflu.org)

